

**American Red Cross - Course Registration  
Form Emergency Response/First Responders  
PLEASE PRINT (Make checks payable to the  
American Red Cross) \$190**

Name \_\_\_\_\_

Daytime phone \_\_\_\_\_

Mailing  
Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-mail \_\_\_\_\_

Class Name: Emergency Response/First  
Responder Course

If paying by credit card, please provide:

Type of Card and  
number \_\_\_\_\_

Expiration Date \_\_\_\_\_

Name of cardholder (if different than student's  
name)  
\_\_\_\_\_

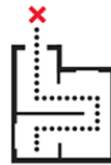
Signature of cardholder  
\_\_\_\_\_

Refunds will not be given for no-shows,  
unsuccessfully completing the course or for  
course materials. We must receive notification  
of withdrawal or transfer for classes two  
business days prior to receive a refund.  
Students may transfer to another class once, if  
we are notified within two-business days  
advance notice without penalty. A \$5.00  
processing fee will be assessed if additional  
transfer occurs.

**Get a kit**



**Make a plan**



**Be informed**



**American Red Cross  
Cornhusker Regional Chapter  
Health & Safety  
Emergency Response / First  
Responder Course  
\$190  
Attention: Sue  
220 Oakcreek Drive  
Lincoln, NE 68528  
402-441-7997  
[www.CornhuskerRedCross.org](http://www.CornhuskerRedCross.org)  
[albys@usa.redcross.org](mailto:albys@usa.redcross.org)**



**American Red Cross**

Cornhusker Chapter

**Emergency  
Response/  
First Responders  
Course**

[www.CornhuskerRedCross.org](http://www.CornhuskerRedCross.org)

402-441-6390

May 2010

## Emergency Response / First Responders Course

\$190

Approximately 55 hours

**Prerequisites:** Current certification in Professional Rescue CPR/AED for the Healthcare Provider (for information in Professional Rescue CPR/AED courses, see our website at [www.CornhuskerRedCross.org](http://www.CornhuskerRedCross.org) > Get Trained).

The Emergency Response Course will train individuals with the knowledge and skills necessary to work as a first responder in an emergency to help sustain life, reduce pain and minimize the consequences of injury or sudden illness until more advanced medical help can arrive. You will also learn how to:

- Explain how the EMS system works and how often the first responder's role in the EMS system differ from a citizen responder's role;
- Describe steps to assure the well being of the first responder;
- Identify guidelines to follow to ensure the personal safety of the first responder and the safety of others at an emergency scene;
- Explain what happens in the body if one or more body systems fail;
- Identify ways in which diseases are transmitted and describe body substance isolation techniques to prevent disease transmission;
- Describe when to move a victim in an emergency and the appropriate methods for doing so;
- Explain and demonstrate how to assess a victim's condition;
- Recognize breathing emergencies, such as airway obstruction, and provide proper care for them;
- Identify breathing devices and demonstrate how to use them;
- Recognize the signs and symptoms of a possible heart attack, and describe how to care for someone who is experiencing persistent chest pain and/or other signs and symptoms of heart attack;

- Recognize the signs of cardiac arrest, and demonstrate how to provide cardiopulmonary resuscitation (CPR);
- Identify the major risk factors for cardiovascular disease and injury, and describe how to control them;
- Recognize life-threatening bleeding and demonstrate how to control it;
- Recognize the signs and symptoms of shock (hypoperfusion), and describe how to minimize its effects;
- Recognize the signs and symptoms of various soft tissue and musculoskeletal injuries, and demonstrate how to care for them;
- Recognize the signs and symptoms of medical and behavioral emergencies, including altered mental status, seizures, poisoning, heat and cold emergencies, and stroke and describe both general and specific care for medical and behavioral emergencies;
- Describe common types of medical and trauma emergencies in infants and children and how to care for them; and
- Explain the role of the first responder in EMS operations.

### To obtain your certification you need to:

- Attend and participate in all course sessions;
- Demonstrate competency in all required skills listed on the skills checklist;
- Participate in all skills sessions and scenarios; and
- Pass the final written exam with a score of 80 percent or better.

The instructor is willing to schedule additional days on the weekend to get through the course more quickly. Optional dates or longer class times will be discussed with the students on the first days of class.

Students are welcome to bring beverages with them to class so long as they are in an enclosed container. We do have a pop machine on site.

The Cornhusker Regional Chapter of the American Red Cross is a State certified EMS Training Agency. Students who successfully complete the Emergency Response Course will be eligible to test for the National Registry. Students testing for the National Registry will need to complete an application; provide a copy of birth certificate or current driver's license to show evidence

of being at least eighteen years of age. **There will be additional paper work and fees for this testing.**

For additional information on the application and certification process of becoming a member of the National Registry of Emergency Medical Technicians see their web site at: [https://www.nremt.org/nremt/about/reg\\_1st\\_history.asp#Entry\\_Requirements](https://www.nremt.org/nremt/about/reg_1st_history.asp#Entry_Requirements). Your instructor will also provide information on testing locations towards the end of your course.

The American Red Cross does not provide placement assistance for those seeking employment as a First Responder.

Course #	Day / Date	Time	Location
2987053	Tuesday, May 11 Thursday, May 13 Tuesday, May 18 Thursday, May 20 Tuesday, May 25 Thursday, May 27 Tuesday, June 1 Thursday, June 3 Tuesday, June 8 Thursday, June 10 Tuesday, June 15 Thursday, June 17 Tuesday, June 22 Thursday, June 24 Tuesday, June 29 Thursday, July 1 Tuesday, July 6 Thursday, July 8 Tuesday, July 13	7:00 PM – 10:00 PM	Class will be held at: American Red Cross Cornhusker Chapter 220 Oakcreek Drive Lincoln, Nebraska  *use the Southwest Training Entrance

A minimum number of students are needed to run this class. You will be notified if class is cancelled by May 7, 2010. If you have questions about the class enrollment call the Red Cross at 441-6390.



**American Red Cross**